



# SPIRITED SUMMERLEA

LENT/EASTER 2025



## Editorial

When I was a little girl, Lent always struck me as being a very somber time. After the happiness of having pancakes and maple syrup for dinner on Shrove Tuesday, everything seemed to be grim. From about age 6 onwards, I was expected to give up something for Lent, along with the rest of my Anglican Sunday School class. In my case, it was usually cookies, chocolate, or other sweets. I did try one year to get away with giving up something I hated – Brussel sprouts – but my mother kindly explained why this was unacceptable!

As I got older and got confirmed, I would fast on Good Friday. I could never fast for the whole day, but usually I managed to abstain from food until about 3 in the afternoon. I was very antsy during my fasts - certainly too fidgety to read - and, looking back, perhaps I could have benefitted from watching TV to take my mind off my growling stomach. In those days, however, we only had two English channels in Montreal. One, CFCF, did not broadcast on Good Friday until the evening news. The other, CBC, played classical music to accompany the grainy black and white picture of Christ on the cross. I probably should have spent this time in reflection, but I did not yet have the maturity nor the abstract reasoning necessary to consider any kind of contemplation.

Much has changed in the last 60 or so years since my childhood! We live in a much more secular society where only 15% of Canadians attend church more than twice a year. Easter has become a more cultural holiday than a religious holiday, and Good Friday is just a day off from work for most people and a great day to go shopping! There are many more distractions around us today than there were when I was a child.

I felt a societal support during Lent when I was a child, that unfortunately has dwindled. However, I take comfort in knowing that the support of my church family is real, and the joy of Easter remains constant.

Happy Easter,

Jane Cowell

## A Message from Our Minister

Friends of Summerlea United,

You recently heard me reiterate my interest in bringing new elements to our services, without sacrificing our traditions. Could you imagine that every Easter would simply reconnect us with an old message year after year?



Why then, would God say “ behold, I create new heavens and a new earth, and the former things shall not be remembered or come into mind. (Isaiah 65:17)

At least we remember and honour the former things and old ways, however, Easter 2025 brings beautiful new events to us such as the Centennial Anniversary of our United Church. We will celebrate it at Lakeshore Trinity on Sunday June 8<sup>th</sup>. All the communities of faith from the West Island and Laval are invited at Lakeshore Trinity that day, and it will be grand!

Regularly, we receive new hymns, we receive new worship ideas and we have been welcoming new people. This is a sign from God, and it is a sign of Resurrection.

Look around: it is coming, life is blooming, and our God indeed makes all things new.

A blessed and happy Easter to you all.  
Rev. Dr. Christine Marie Gladu

## Church Activities

### *Église Unie Summerlea United Church*

**220 avenue Acadia, Lachine, H9S 2T7**



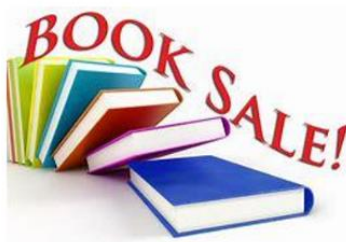
Vente de livres sur 3 jours:

Jeudi 10 avril 17h-19h

Vendredi 11 avril 10h-16h

Samedi 12 avril 10h-15h

Une vaste sélection de livres de fiction pour adultes,  
d'intérêt générale, livres de cuisine, croissance personnelle,  
et livres pour enfants à des prix avantageux!



3-Day Book Sale:

Thursday, April 10th 5-7pm

Friday, April 11th 10am-4pm

Saturday, April 12th 10am-3pm

A huge selection of adult "fiction" books, non-fiction – cookbooks,  
self-help & children's books at great bargain prices!



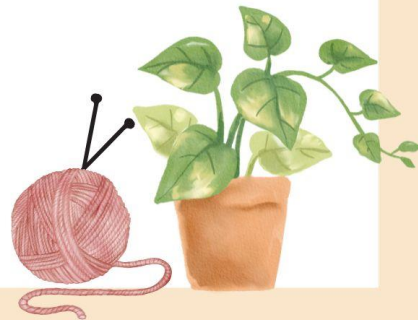
Girl  Guides



# FOIRE Artisanale

& VENTE DE LIVRES

# Artisan FAIR & BOOK SALE



**APRIL 12 AVRIL**  
**10H - 15H**

Summerlea  
United  
Church



220 Acadia Lachine  
514-634-2651

# Church Calendar

## April

**April 6 10:30** 5th in Lent.

*Note: Following the service: Set Up of Books for the Book Fair. We will be moving the books from under the stage in Acadia Hall to the Sanctuary. Many hands make light work!*

**April 10 5 – 7 pm** Used Book Sale

**April 11 10 – 4 pm** Used Book Sale

**April 12 10 – 3 pm** Artisan Fair & Used Book Sale

**April 13 10:30** Palm / Passion Sunday

**April 15 1 pm** Council Meeting

**April 17** Maundy Thursday

**April 18** Good Friday

**April 20 10:30** Resurrection Sunday: Easter Day; Earth Sunday & Food Sunday

**April 27 10:30** Camping Sunday



## Can Tabs for Wheelchairs

### Montreal Ronald McDonald House



**Thank you** to everyone who has collected aluminum can tabs for the **Ronald McDonald House!** Both Summerlea and Montreal West United Churches are drop-off locations, and the above photo is what we donated at the end of February 2025!

The **Montreal Ronald McDonald House** is a temporary home away from home at a reasonable price (\$10 per night per family) for out-of-town (more than 55 km from Montreal) families of children with critical illnesses who must travel to Montreal for medical treatment.

The **Ronald McDonald House** offers parents a place to stay within a five-minute walk from Sainte-Justine Hospital. It's a place where parents can sleep, prepare meals, and most importantly visit their child at the hospital any time of the day and night.

One way to support the **Ronald McDonald House** is to collect aluminum can tabs that are sold by weight. There are approximately **1,500 tabs in a pound of aluminum**. To purchase a \$6,000 wheelchair, it takes approximately 14 million tabs which equals about 9,500 lbs. of aluminum. For a \$10,000 wheelchair, it takes approximately 24 million tabs which equals about 16,000 lbs.

**Bottom line:** Please keep collecting the can tabs! We are helping to make a difference!

Submitted by Wilma Brown

March 2025

## Girl Guide Cookies

Chocolate mint cookies are still available from any Guiding member and will be available at the upcoming Artisan Fair. They now cost \$6 box. If you would like a full case, you can contact Sinclair who will happily deliver them to you. \$72 for a case. [sinclair.m.harris@gmail.com](mailto:sinclair.m.harris@gmail.com) (514) 505-1905



Girl Guides  
of Canada  
Guides  
du Canada

The **classic chocolate and vanilla cookies** are also available!

## Jam jars needed please!

Like everything else, the price of jam jars has risen dramatically. (Sometimes costing as much as \$20 for a case of 12.)

If you have any mason jars tucked away, please bring them to the church and **put them in the box on the table outside the kitchen**. 125 ml, 250mls, and 500mls will be gratefully accepted, please include the lids if you have them. They will be used for the pickles and jams sold at the Bazaar. Thank you!



## Puzzle Sale



The Outreach Committee Puzzle Sale Saturday March 29<sup>th</sup> was a big success. Many patrons not only purchased puzzles but donated their old jigsaw puzzles to our cause! \$1001 was raised for Doctors Without Borders Ukraine.

## **Book Nook**

*THE EXVANGELICALS: Loving, Living, and Leaving the White Evangelical Church* by Sarah McCammon explores the social movement of "exvangelicals". Part memoir and part investigative journalism, part religion and part politics, this book sheds light on the experiences of some of those leaving Evangelical churches. I found it to be a fascinating read.

McCammon grew up in a deeply evangelical family during the '80s and '90s and was taught to fear God, obey unquestioningly, and never doubt her faith. But when she covered the Trump campaign for NPR, she witnessed

up close the negative influence of evangelical Christian beliefs on the political right and the hypocrisy of their support for an individual who makes a mockery of the central command of Jesus to love our neighbors as ourselves. McCammon discovered she was not alone in fleeing from the rebranded fundamentalism of her youth.

A rising generation of exvangelicals is emerging, challenging traditional religious norms. McCammon sheds light on their experiences, struggles, and the courage it takes to step away from a faith system that once defined their lives.

## Recipe Corner

Whenever I am looking for new recipes, one of my first stops is the Martha Stewart web site – the source of this recipe. I made this for a brunch, and it was very well received. A nice side dish for Easter Brunch or Lunch. Also, gluten-free and vegetarian.

### Cheesy Spinach-Potato Egg Casserole



### Ingredients

- 3 tablespoons unsalted butter, plus more, softened, for brushing
- 1 onion, chopped (2 cups)
- Kosher salt and freshly ground pepper
- 1 pound curly-leaf spinach, thick stems removed, sliced (8 packed cups)
- 2 teaspoons fresh thyme leaves
- 1 pound Yukon Gold potatoes, peeled and cut into a ½-inch dice (3 cups)
- 1 ½ cups whole milk
- 12 large eggs
- Scant ¼ teaspoon freshly grated nutmeg
- 6 ounces fontina, coarsely grated (2 cups)

### Directions

1. Preheat oven to 375°F. Brush a 2-quart baking dish with butter. Melt butter in a large skillet over medium-high heat. Add onion and 1/2

- teaspoon salt; cook, stirring occasionally, until golden in places, 5 to 7 minutes. Add spinach and thyme; cook until spinach wilts and darkens slightly, about 5 minutes. Add potatoes and milk; season with pepper.
2. Simmer until milk thickens and reduces slightly and potatoes are easily pierced with the tip of a knife but still retain their shape, about 5 minutes. Remove from heat; let cool completely. Meanwhile, in a large bowl, whisk eggs with 1 1/2 teaspoons salt and nutmeg. Stir cooled potato mixture and half of cheese into eggs.
  3. Transfer to prepared baking dish and cover with parchment-lined foil. (If assembling the day before, wrap the dish with plastic wrap and refrigerate until ready to bake). Bake casserole, covered, 30 minutes. Uncover, sprinkle evenly with remaining half of cheese, and continue baking until set and golden brown in places, 15 to 25 minutes more (if the top is browning too quickly, tent with foil). Let cool slightly before serving.

